



	WOOD	FIRE	EARTH	METAL	WATER
	Dominant/ alpha	Emotional / easily excited or feelings hurt	Slow moving, balanced or serene	Aloof	Timid or Fearful (Hides with strangers)/ Trembles
	Friendly when balanced, can be aggressive/ dominant or territorial as well	Overly friendly, licking strangers, jumping on them etc.	Friendly but slow about it	Independent	Premature aging
	Prone to anger	Prone to anxiety; has separation anxiety	Prone to worry	Prone to lung issues like asthma or bronchitis	Bladder problems (especially in winter)
	Athletic and strong; often competitive	Sensitive	Pancreatitis or stomach problems	Dry skin	Arthritis
	Liver or gallbladder disease	Center of attention/ touch me!	Overweight	Sinus issues	Gets cold easily
	Tendon or ligament problems	Insomnia	Loves to eat	Cough	Hearing loss or deaf
	Ear infections	Heart disease or murmur	Vomiting	Constipation (cats especially)	Normal noises cause fear
	Fearless / pioneer spirit	Vocal - bark, whine a lot	Gum disease	Dislikes change/ upset with change	Kidney disease
	Eye problems or red eyes	Hyperactive if unbalanced / high energy in general	Diarrhea	Prone to depression or sadness	Craves or loves salty food (ex. cat who insists on dry food)
	Seizures	Very playful	Nurturing or motherly	Colitis	Weak in rear legs
	Patient	Impatient	Patient	Frequently gray/ silver coated, but not always	Unbalanced can go into total withdrawal
	WOOD	FIRE	EARTH	METAL	WATER
	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL

Your Pet's Main Element is: _____